

# Adair County

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## Community Health Needs Assessment Snapshot

### Promote Healthy Behaviors

#### Problems/Needs:

- Obesity - 69% of the population is obese. This is above the state average of 63%.
- Adair County is above state levels of smokers. Adair County % of adults that smoke is 25 compared with 21 for state.
- Cancer death rate for Adair County is 207.8 which is above the state rate of 177.4. The rate has risen over the past 2 data points. In 2002, the rate was 169.3 and the 2005 rate was 185.8.
- Heart disease death rate for Adair County is 204.1 as compared to 178.5 state rate.

### Prevent Injuries

#### Problems/Needs:

- Adair County suicide rate is 12.5 compared to state rate of 11.4.
- Adair County's death rate due to falls is 25.4 for all age groups compared to 8.5 for the state.

### Protect Against Environmental Hazards

#### Problems/Needs:

None identified

### Prevent Epidemics and the Spread of Disease

#### Problems/Needs:

- Lack of STD screening and treatment.

## Prepare for, Respond to, and Recover from Public Health Emergencies

### Problems/Needs:

- Implementation of narrow band radios.

## Strengthen the Public Health Infrastructure

### Problems/Needs:

- Lack of knowledge in the community regarding preventive screens. Community survey reveals that 39% of respondents did not participate in preventive screens because they didn't know what was needed or because their provider did not recommend it to them.
- Adair County is above state level of uninsured adults.

## Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the rate of obesity in Adair County to 60%.	Create Facebook page with healthy tips and recipes.	Tiffany Twombly	April 2011
	Brochures with healthy lifestyle information available throughout health system especially in waiting areas.	Shannon Hoadley	June 2011
	Restart column for county paper and offer information regarding healthy lifestyles.	Jane Ernst	July 2011
	Information for families on healthy lifestyles.	Adair County Extension	Current
	Information/demos at county health fair.	Jane Ernst/Craig Davis Adair County Extension	October 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase the number of people receiving preventive screens.	Offer information on health system FB page.	Tiffany Twombly	April 2011
	Create links on the health system web page to appropriate organizations such as American Heart and American Cancer.	Andrew Christie	May 2011
	Information available at county health fair.	Jane Ernst/Craig Davis	October 2011
	BS/BP at Adair County Fair.	Tiffany Twombly	July 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the cancer rate through increase in preventive screens.	Offer information on health system FB page.	Tiffany Twombly	April 2011
	Create links on the health system web page to appropriate organizations such as American Heart and American Cancer.	Andrew Christie	May 2011
	Information available at county health fair.	Jane Ernst/Craig Davis	October 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the rate of heart disease through increase in preventive screens.	Offer information on health system FB page.	Tiffany Twombly	April 2011
	Create links on the health system web page to appropriate organizations such as American Heart and American Cancer.	Andrew Christie	May 2011
	Information available at county health fair.	Jane Ernst/Craig Davis	October 2011